

**From:** OMC, SU omc@su.edu  
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# SUN-e

Shenandoah University News

THURSDAY, MARCH 3

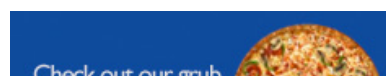
MAGAZINE // MOBILE APP // SHENANDOAH TODAY // ATHLETICS // SUBMIT TO SUN-E // SUBMIT EVENT



## Photo of the day

The Shenandoah Ultimate [Frisbee] Team competed its first-ever tournament last weekend, more than 300 miles away in Mars Hill, North Carolina. While the team's tournament record was 0-6, many of the games were decided by small margins of points, and the group was runner up for most well-spirited team out of 14 teams. The team members fought hard at all times and stayed positive; they're confident that they'll only get better as the season goes on. (PHOTO: Joey Lisko)

## ANNOUNCEMENTS OF THE DAY



## SO... I'M GRADUATING, NOW WHAT?

Graduating students and their families should be sure to check out the Commencement website ([su.edu/commencement](http://su.edu/commencement)) for all things commencement.

There you can find the schedule of events, ticket information, special accommodations details, severe weather plan ticket information and much more.

## SEVERE WEATHER TICKETS FOR COMMENCEMENT

The university will issue Severe Weather Plan (SWP) tickets to guests for the Saturday, May 14, 2016 Commencement Ceremony. The ceremony will be held under a large tent outdoors, rain or shine.

Each graduate is allowed a maximum of four (4) complimentary SWP tickets. Graduates should reserve their SWP tickets online as early as possible at [shenandoahtickets.com](http://shenandoahtickets.com), and can do so beginning at 9 a.m. on Monday, March 7.

Graduates: you must register as a user with your [su.edu](http://su.edu) email address, then select the ceremony to begin your reservation. You must have applied to graduate by the March 1 deadline in order to reserve your tickets on March 7. If you apply late, it will take a minimum of two to three business days' processing time in order to access the ticketing site.

Graduates should ONLY reserve tickets if they are planning to participate in the university's commencement ceremony on May 14.

Click [here](#) for additional information on reserving tickets and the Severe Weather Plan.

## ANNOUNCING THE 2016 FYS MENTORS!

[Associate Vice President for Academic Affairs and Director of General Education Amy Sarch, Ph.D.](#), is proud to announce and congratulate the Fall 2016 First-Year Seminar (FYS) mentors:

Emily Adaway, Madison Albornoz, Regine Bumper, Taylor Butts, Alex Carney, Rodrigo Casteriano, Skylar Freeman, Karen Cornejo-Guillén, Malik Henry, Anne Hess, Osinachi Ibe, Laura Marie Koytcheva, Rachael Largent, Danielle LeBar, Anna Lopynski, Prava Maharjan, Jacob Newton, Sapana Ohja, Elizabeth Pardo, Krystal Rochocki, Julianna Smith, Julie Smith and Alex Wessel.

## DO YOU PARK IN AIKENS ATHLETIC CENTER PARKING LOT? READ THIS.

As construction continues on the first of two buildings in The Village, parking is limited in the Aikens Athletic Center parking lot. The rear area of the parking lot is blocked off to non-construction vehicles. If you use this parking lot, please be cognizant of what is going on around you and obey the construction signage in the area.

If you are able, please use the parking garage or alternative areas to park if at all possible. You can expect to see limited parking and construction vehicles in the area leading up to the fall 2016 semester. Your patience is appreciated during the construction process.

Questions? Contact Physical Plant Project Manager Jeff Davis at [jdavis2@su.edu](mailto:jdavis2@su.edu).

## ATTEND THIS FREE VMFA LECTURE ON MARCH 4

The Center for Lifelong Learning presents Jeffrey Allison, M.F.A., Paul Mellon Collection educator from the Virginia Museum of Fine Arts (VMFA), who will present a free lecture, "Berthe Morisot and the Impressionist Image of Women," at 7 p.m. tomorrow, March 4, in Henkel Hall, Hester Auditorium.

Berthe Morisot was a woman of extraordinary talents who carved a career for herself out of the male-dominated art world of 19th-century Paris. She was one of only a few women who exhibited with both the Paris Salon and the highly influential and innovative impressionists. Morisot's art depicts the world of the bourgeoisie: their clothes, their lifestyle, their surroundings, and their relationships. Through her unusual talent, the modern viewer can see the essence of quotidian life for the rising middle class of 19th-century Paris.



### Allen Dining Hall

[540/665-4924](tel:5406654924)  
[dining@su.edu](mailto:dining@su.edu)

### Hours of Operation:

#### Monday through Thursday;

**Open 7:15 a.m. to 7:15 p.m.**

Breakfast, 7:15 a.m. - 9:30 a.m.

Lunch, 11 a.m. - 1:30 p.m.

Dinner, 4:30 p.m. - 7:15 p.m.

#### Friday; Open 7:15 a.m. to 6:30 p.m.

Breakfast, 7:15 a.m. - 9:30 a.m.

Lunch, 11 a.m. - 1:30 p.m.

Dinner, 4:30 p.m. - 6:30 p.m.

#### Saturday and Sunday;

**Open 9 a.m. to 6:30 p.m.**

Continental, 9 a.m. - 10 a.m.

Brunch, 10 a.m. - 1:30 p.m.

Dinner, 5 p.m. - 6:30 p.m.

Want to work for Sodexo? Visit <http://sodexo.balancetrak.com/>; type "Winchester" in the search bar and Sodexo's open jobs will be listed.

For more information about campus dining, go to [shenandoahdining.com](http://shenandoahdining.com)

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### Shenandoah University Bookstore

#### Hours of Operation:

Monday through Friday  
9 a.m. - 5 p.m.

Saturday  
10 a.m. - 2 p.m.

Sunday  
Closed

\*\*\*The campus bookstore now accepts Hornet Dollars\*\*\*

Questions? Contact the bookstore at [supplies@su.edu](mailto:supplies@su.edu), [kotyenoh@su.edu](mailto:kotyenoh@su.edu) or [sritenou@su.edu](mailto:sritenou@su.edu).

Or... visit [shenandoah.bkstr.com](http://shenandoah.bkstr.com)

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### Human Resources Corner

#### *Optima EAP Thought of the Week:*

Fear is a complex emotion. It can keep you from taking action that you normally would and it can propel you to take action that you normally wouldn't. (Sometimes that can be a good thing and, other times, not.)

Fear can empower you – like when used constructively to protect yourself from a recognizable danger. But it can also limit you - like when used destructively to create unnecessary barriers with something you don't understand.

Recognizing and understanding your fear and how you use it in your life can be a helpful exercise in self-awareness. This week, don't be afraid to reflect on your fear and consider how you can use the emotion in a positive way.

Visit [OptimaEAP.com](http://OptimaEAP.com) for more information.

*[Aetna's Health Section:](#)*

...for the many master's degree of your century.

Allison is also a professional photographer. He holds a bachelor's degree in photography and film from Virginia Intermont College and a master's degree in photography from Virginia Commonwealth University.

This special event is provided through the Virginia Museum of Fine Arts Statewide Partner Program in partnership with the university's Center for Lifelong Learning. For more information on this FREE community lecture, contact Lander Manuel at [540/665-4696](tel:540/665-4696).

### TRACK & FIELD WOMEN EARN TOP 10 RANKING

In March 1 announcements from the U.S. Track & Field and Cross Country Coaches Association, the governing body for collegiate track and field, the Shenandoah University women's squad has earned a top 10 ranking in the South/Southeast (S/SE) region, which runs from Virginia, south to Florida, and west to Texas.

Moving up three spots this week, a record nine Shenandoah women find themselves individually ranked in the S/SE region in six events, combining for 106.42 points to give Shenandoah its 10th-place team ranking. Their current position is just 3.29 points behind ninth-ranked Rhodes College in Memphis, Tennessee. [Read more.](#)

>> [View More Calendar Events and Announcements](#)

**Aetna's Mark Bertolini launches LinkedIn Influencer blog:**

[In his first blog as a LinkedIn Influencer](#), Aetna Chairman and CEO Mark Bertolini shares how his vision, life experiences and leadership principles led him to make bold changes at Aetna.

**Fortune announces world's most admired companies for 2016:**

Aetna has been named to Fortune's list of Most Admired Companies for 2016, and was ranked second in the health insurance category. Read [more](#).

There's more:

Each week, check out [The Health Section](#), Aetna's external website that publishes timely news and analysis about innovation, issues and ideas that are shaping health care today and tomorrow.

Like what you see? You can [add The Health Section to your mobile device](#) for easy reading any time. And follow Aetna on Twitter at [@AetnaNews](#).

## CALENDAR OF EVENTS

### Housing Deposits Accepted

**today, March 3, through Friday, March 4**

Housing Deposits Accepted. A \$100 deposit holds a student's space for the 2016-17 academic year and assigns him/her a Housing Lottery number. Watch Shenandoah email for Housing Lottery messages. Contact [reslife@su.edu](mailto:reslife@su.edu).

### New & Used Women's Shoe Collection

**today, March 3, through Thursday, March 31**

New & Used Women's Shoe Collection supports the upcoming "Walk a Mile in Her Shoes" event in April. All women's shoes are accepted, although pump-style shoes in sizes 9 and above are much needed. The collection box is located in Cooley Hall, Room 210, the [Not Just] Women's Center. The "Walk a Mile in Her Shoes" fundraising event at Shenandoah is in April. Learn more at <http://www.walkamileinher shoes.org/> Contact Training & Education Coordinator Elizabeth Hand at [ehand@su.edu](mailto:ehand@su.edu) or [540/542-6242](tel:540/542-6242).

### Froggy's Closet Clothes Collection

**today, March 3, through Tuesday, April 5**

Froggy's Closet Clothes Collection, hosted by the Student Nurses Association, aims to collect lots of children's socks and underwear – *in its original packaging* – for Froggy's Closet, a non-profit organization that helps Winchester-area children who are victims of abuse or neglect or who are at-risk. Collection boxes are located in the Health & Life Science Building and the Brandt Student Center. Contact student Summer Spiva at [sspiva13@su.edu](mailto:sspiva13@su.edu).

### Women's Lacrosse Fundraiser

**today, March 3, through Friday, March 4**

**11 a.m. – 2 p.m.**

Women's Lacrosse Fundraiser is from 11 a.m. to 2 p.m. in the Brandt Student Center. Purchase Shenandoah magnets for \$10 each or \$15 for two magnets. Contact lacrosse team member Maddie Albornoz at [malbornoz13@su.edu](mailto:malbornoz13@su.edu)

### Sign-Up Deadline: International Student Leadership Conference

**today, March 3**

**8 a.m. – 5 p.m.**

International Student Leadership Conference Sign-Up Deadline is 5 p.m. today; the conference is April 1 and 2 at James Madison University. The conference is designed for globally minded college students to explore and share different leadership concepts in a global context. Your cost is only \$25, which covers transportation, food, hotel and conference registration fee. Seats are limited. Contact Maggie McCampbell Lien at [mmccampb@su.edu](mailto:mmccampb@su.edu) to sign up, or go to the Brandt Student Center, Room 207. Visit [www.jmu.edu/international/islc/](http://www.jmu.edu/international/islc/)

### Lenten Small Group Bible Study

**today, March 3**

**Noon – 1 p.m.**

Lenten Small Group Bible Study for faculty and staff begins at noon at the Health Professions Building, Room 217A. Lent is a 40-day season for Christians to reflect on their spiritual practice, examine their lives and recommit to their faith. This Bible study is led by Dr. Alethea Allen, a pediatrician who also holds a master's degree in theological studies. Bring your lunch and a Bible if you like. Books are provided. Contact [spirituallife@su.edu](mailto:spirituallife@su.edu) FREE

### FAR SSC Training for Undergraduate Advisors Brown Bag Session

## **EAB SSC Training for Undergraduate Advisors Brown Bag Session**

**today, March 3**

**Noon – 1 p.m.**

New Advising System: EAB Student Success Collaborative (SSC) Training for Undergraduate Advisors Brown Bag Session with Anne Marchant begins at noon in Smith Library, Room 318. SSC is a web-based tool that helps advisors to identify students who may be at risk and better assist them in making sound academic decisions. All advisors should plan to attend one session prior to the start of the spring 2016 pre-registration period. Remote attendance via Zoom is available upon request. Feel free to bring your lunch to this brown bag session. Please bring your laptop. Questions? Email Ginny Armagh in the Center for Teaching, Learning & Technology at [varmagh@su.edu](mailto:varmagh@su.edu). [Click here](#) to register.

## **Canvas Transition Open Session**

**today, March 3**

**2 p.m. – 5 p.m.**

Canvas Transition Open Session begins at 2 p.m. in Smith Library, Room 318. This is not formal training. The Center for Teaching, Learning & Technology offers you a quiet place to work, away from your office, your phone, and other interruptions, as you build your course or organization in the new learning management system, Canvas. Staff members will be there to answer questions, to make suggestions, and to generally help you in any way they can. The room will be open for two hour time slots, and you can come for any portion of that time that you are available. No registration needed. Questions? Contact George Hoffman at [ghoffman@su.edu](mailto:ghoffman@su.edu) or [540/665-4774](tel:540/665-4774).

## **Vinyasa Yoga with Lindsey**

**today, March 3**

**6 p.m. – 7 p.m.**

Vinyasa Yoga with Lindsey begins at 6 p.m. in the Brandt Student Center, Room 123 (Borden Student Associations Center). Vinyasa yoga focuses on alignment and modifications while safely building strength and flexibility. It is appropriate for anyone looking to let go of stress and physical tension. Wear athletic shoes. Bring water. Contact [recsports@su.edu](mailto:recsports@su.edu) FREE

## **Concert Band**

**today, March 3**

**7 p.m. – 8 p.m.**

Concert Band performs at 7 p.m. in Armstrong Concert Hall. FREE

## **Harambee Gospel Choir Rehearsal**

**today, March 3**

**9 p.m. – 10 p.m.**

Harambee Gospel Choir Rehearsal begins at 9 p.m. in Goodson Chapel-Recital Hall. Harambee is open to all students who love to sing. Contact student director Alex Moore at [amoore12@su.edu](mailto:amoore12@su.edu)

## **Residence Halls Close**

**Friday, March 4**

Residence Halls Close at 7 p.m. Contact [reslife@su.edu](mailto:reslife@su.edu)

## **EAB SSC Training for Undergraduate Advisors Brown Bag Session**

**Friday, March 4**

**Noon – 1 p.m.**

New Advising System: EAB Student Success Collaborative (SSC) Training for Undergraduate Advisors Brown Bag Session with Anne Marchant begins at noon in Smith Library, Room 318. SSC is a web-based tool that helps advisors to identify students who may be at risk and better assist them in making sound academic decisions. All advisors should plan to attend one session prior to the start of the spring 2016 pre-registration period. Remote attendance via Zoom is available upon request. Feel free to bring your lunch to this brown bag session. Please bring your laptop. Questions? Email Ginny Armagh in the Center for Teaching, Learning & Technology at [varmagh@su.edu](mailto:varmagh@su.edu). [Click here](#) to register.

## **Computer Sale & Auction**

**Friday, March 4**

**2 p.m. – 4 p.m.**

Computer Sale & Auction begins at 2 p.m. in the Brandt Student Center, Room 118. Institutional Computing is offering for sale Windows computers as well as Macintosh computers and various mobile devices. This sale and auction is only for Shenandoah faculty and staff members. All equipment is sold "as is," all sales are final, and you must be present to make purchases. Cash and check payments only. Questions? Contact IC via [helpdesk@su.edu](mailto:helpdesk@su.edu)

## **Berthe Morisot and the Impressionist Image of Women**

**Friday, March 4**

**7 p.m. – 8 p.m.**

"Berthe Morisot and the Impressionist Image of Women" lecture begins at 7 p.m. in Henkel Hall, Hester Auditorium. Guest speaker is Jeffrey Allison, the Paul Mellon Collection educator and statewide manager at Virginia Museum of Fine Arts. Berthe Morisot carved a career for herself out of the male-dominated art world of 19th-century Paris. She was one of only a few women who exhibited with both the Paris Salon and the highly influential and innovative impressionists. Contact Shenandoah University's Center for Lifelong Learning at [540/665-5442](tel:540/665-5442). FREE

**When you are planning an on-campus lecture, performance, special event, meeting, etc. (and after you have confirmed the room), send event details to [events@su.edu](mailto:events@su.edu) at least three (3) days in advance (but seven days, a few weeks or even a month is much better). Then, allow at least 48 hours for the event to be added to the**

online calendar ([su.edu/events](https://su.edu/events)) that provides content for SUN-e, the Shenandoah University app, Your Student Life, social media etc.

Events are added the university-wide calendar almost daily. To know what's going on across campus, go to [su.edu/events](https://su.edu/events) or check the calendar via the Shenandoah app, ShenandoahU, on your smartphone.

>> [View More Calendar Events](#)